



Avanti PRE Curriculum Exercise Sheet 7.2.6c



Written Test: "The Real Self"

The teacher may copy and circulate this sheet to each student. Answers are to be written on the sheet itself. The allocated time for the test is 30 minutes.

Please answer the following 12 Questions. You have 30 minutes. Question #12 will take longer than the others, so please leave a little extra time for it.

1. What does the word *atman* mean (one word)? _____
2. Are put a tick (✓) against the words below that describe spirit and put a cross (✗) against any word that describes matter. Two answers have already been completed for you!

Conscious ✓	Always changing	Permanent	Eternal	Inactive
Dead ✗	Temporary	Never-changing	Alive	Active

3. Please fill in the 3 blanks in this verse from the Bhagavad-gita:

"As the soul passes in this body from childhood to youth to _____, so similarly the same soul passes in another _____ at death".

4. Name one Hindu analogy that describes the eternal self: _____
Now, please explain it (1 or 2 sentences).

5. What does 'reincarnation' mean? (1 sentence)

6. What is 'karma'? (1-2 sentences)

7. What does moksha mean? (1 sentence):

8. Write down below **6 things** that people discriminate about (e.g. 'race').

- | | | |
|----|----|----|
| 1. | 2. | 3. |
| 4. | 5. | 6. |

9. Plato was a Greek philosopher. He taught the analogy of a chariot pulled by three horses.
Please write down what is represented by:

(1) The driver: _____

(2) The white horse: _____

(3) The black horse: _____

10. Explain what 'resurrection' means for Christians (1-2 sentences)

11. Most religious people believe there is a soul (like the atman). What do non-religious people believe? How do they believe that life starts? (1-2 sentences)

12 (a) Please give one reason why a Hindu person might be a vegetarian.

(b) Hindus believe that we (and all creatures) are the eternal 'atman'.

What kinds of Hindu practices (things they do) might be based on this belief?