

# The Avanti PRE Curriculum

## Exercise Sheet 7.1.1b (1)

### Group Work: “Flower Carousel”

*The sheet may be displayed by the teacher (for all students to see) or copied and handed out to students individually.*

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#### A. Before Starting;

Your group has in front of you:

1. One poster; in the centre of the flower is the name of one of School’s six values.
2. Six petal-cards, each with a short statement written on it.

#### B. The Exercise:

Look through these six petal-cards, and decide which one belongs to your value. Stick that one onto a petal-space on the poster. (To understand better each value, please look over the page)

Once you have finished that, immediately answer (as a group) the extension question:

**What is another word for the same value, or what are similar values? (e.g. for courage you might write ‘bold, ‘brave’, and ‘fearless’).**

Write your answers in your exercise book.

#### C. Repeating the Exercise:

After 4-5 minutes, the teacher will ask you to stop, perhaps by ringing a bell. Take the poster to the next group (stick the petal-card on right now if you haven’t already done so!).

When you receive your new poster (with a different value), repeat the same process.

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## Guidelines: The Definition of Each Value

**Empathy** means to feel for others (it's a bit like sympathy); you feel their pain and happiness; therefore, you care for them, and help them.

**Self-Discipline** means that you can control your mind and body. You can control your emotions; they don't control you!

**Respect** means that you are polite to others, and treat things and people properly. You don't discriminate because of race, colour, etc.

**Integrity** means that your thoughts, words and actions are matched together. The opposite is hypocrisy ("being a hypocrite"). A person with integrity can be trusted.

**Courage** means that you don't let fear control you. You may sometimes feel anxious or even scared, but you are bold and act anyway. It also means that you are not afraid to learn new things or admit your mistakes.

**Gratitude** means you say 'thank you!', and you mean it! You appreciate what others do for you and you give in return. You value others and what they kindly do for you.